

High School to College and Career Pathway: Secondary

Career and Technical Education: Preparing Students for College and Career!



Area of Study: Family and Consumer Sciences

Pathway: Family and Human Services

Get the Facts

Studies have shown that a harmonious marriage relationship promotes competence and maturity in the couple's children. Other studies have demonstrated that marital conflict may result in cognitive delay, school difficulties, and antisocial or withdrawn behavior.

Workforce Trends

According to the U.S. Department of Labor, family and community service employees hold about 2.2 million jobs. Some of the fastest growing occupations in the nation are concentrated in the social services, especially those that involve working with the elderly.



CAREER AND TECHNICAL EDUCATION Recommended Pathway Courses		
(Students may select individual courses for exploration, or a complete Pathway for an in-depth focus.)		
CLASS AVAILABILITY MAY VARY AT YOUR HIGH SCHOOL		
Course #	Foundation Courses: (required)	Credit
20.0102	Child Development *	.50
20.0108	Food and Nutrition I	.50
Choose one of the following courses:		
20.0117	Adult Roles & Financial Literacy **	1.00
20.0107	Adult Roles & Responsibilities	.50
Elective Courses:		
20.0109	Life Management *	.50
20.0112	Human Development	1.00
20.0118	Foods & Nutrition II	.50
20.0137	Teen Living *	.50
20.0138	Foundations of Nutrition *	.50
32.0199	Student Internship (Critical Workplace Skills)	.50

1.50 credits

1.50 credits

3.00 credits for completion

* Course can be taken up to 1.00 credit.

** This course satisfies the .50 Financial Literacy requirement.

Family and Human Services is:

- > High demand
- > Nontraditional for males

Sample Career Occupations

- > Adult Day Care Center Coordinator
- > Community Service Director
- > Counseling Psychologist
- > Employment Counselor
- > Family and Consumer Sciences Education Teacher
- > Geriatric Service Worker
- > Marriage and Family Therapist
- > Social Worker
- > Teacher Assistant
- > Vocational Rehabilitation Counselor

Middle School		State Requirements		High School Suggested Education Plan				College and Career
7th Grade	8th Grade	Middle School	High School	9th Grade Suggested	10th Grade Suggested	11th Grade Suggested	12th Grade Suggested	Beyond High School
Language Arts 7 1.00	Language Arts 8 1.00	2.00	Language Arts 4.00	Language Arts 9 1.00	Language Arts 10 1.00	Language Arts 11 1.00	Language Arts 12 1.00	There are a number of options for education and training beyond high school, depending on your career goals. <ul style="list-style-type: none"> > Certificate > Associate degree > Bachelor's degree > Professional degree > On-the-job training > Apprenticeship > Military training For more information on salary projections, labor market demand, and training options, visit www.utahfutures.org .
Math * 1.00	Math * 1.00	2.00	Math 3.00	Math * 1.00	Math * 1.00	Math * 1.00		
Science .50	Science 1.00	1.50	Science 3.00	Earth Systems 1.00	Biological Science 1.00	Additional Credit 1.00		
Utah Studies .50	U.S. History I 1.00	1.50	Social Studies 3.00	Geography for Life .50	World Civilizations .50	U.S. History II 1.00	U.S. Government and Citizenship .50	
P.E. 1.00	Health .50	1.50	P.E./Health 2.00	Participation Skills and Techniques .50	Fitness for Life .50 / Health Education .50 Lifetime Activities or Sport .50			
The Arts .50	The Arts .50	1.00	Fine Arts 1.50	Fine Arts Courses 1.50				
Keyboarding .50			Computer Tech. .50	Computer Technology .50				
CTE Intro 1.00		1.00	CTE 1.00	Refer to Career and Technical Education box above.				

* Talk to your school counselor about math requirements in the new common core curriculum. Core curriculum and elective requirements may vary district to district.

Concurrent enrollment course offerings vary by school and district. Many Utah postsecondary programs accept high school courses toward a two- or four-year degree through concurrent enrollment. Check regional postsecondary Pathways for details.