

High School to College and Career Pathway: Secondary

Career and Technical Education: Preparing Students for College and Career!



Area of Study: Family and Consumer Sciences

Pathway: Food Services and Culinary Arts

Get the Facts
In 2009, there were 4,154 eating and drinking establishments in Utah, employing 100,300 individuals.

20.7 percent of people employed as chefs and head cooks are women.

Workforce Trends
Restaurant jobs represent 8 percent of employment in Utah.

Nationwide, job openings for chefs, cooks, and food preparation workers are expected to be plentiful through the year 2018; however, competition should be fierce for jobs in the top kitchens of higher-end restaurants.

CAREER AND TECHNICAL EDUCATION Recommended Pathway Courses
(Students may select individual courses for exploration, or a complete Pathway for an in-depth focus.)
CLASS AVAILABILITY MAY VARY AT YOUR HIGH SCHOOL

Course #	Foundation Courses: (required)	Credit
20.0108	Food & Nutrition I	.50
20.0118	Food & Nutrition II	.50
<i>Choose one of the following:</i>		
20.0401	Food Service/Culinary Arts	1.00
20.0411	Pro Start I	1.00
Elective Courses:		
20.0511	Pro Start II	.50
20.0601	Hospitality Services	.50
08.0901	Travel & Tourism	.50
<i>One Entrepreneurship course may count as elective credit.</i>		
20.0701	Entrepreneurship in FACS	.50
52.0621	Entrepreneurship for Business	.50
08.0301	Entrepreneurship for Marketing	.50
32.0199	Student Internship (Critical Workplace Skills)	.50

Visit UtahCTE.org to learn how to earn industry certification in this Pathway.

Food Services and Culinary Arts is:

- > High skill
- > High wage
- > High demand

Sample Career Occupations

- > Baker
- > Butcher/Meat Cutter
- > Caterer
- > Chef/Head Cook
- > Chocolatier
- > Family and Consumer Sciences Education Teacher
- > Food Service Director
- > Food Service Manager
- > Food Stylist
- > Pastry Chef

2.00 credits (Foundation Courses)

1.00 credit (Elective Courses)

3.00 credits for completion

Middle School		State Requirements		High School Suggested Education Plan				College and Career
7th Grade	8th Grade	Middle School	High School	9th Grade Suggested	10th Grade Suggested	11th Grade Suggested	12th Grade Suggested	Beyond High School There are a number of options for education and training beyond high school, depending on your career goals.
Language Arts 7 1.00	Language Arts 8 1.00	2.00	Language Arts 4.00	Language Arts 9 1.00	Language Arts 10 1.00	Language Arts 11 1.00	Language Arts 12 1.00	
Math * 1.00	Math * 1.00	2.00	Math 3.00	Math * 1.00	Math * 1.00	Math * 1.00		
Science .50	Science 1.00	1.50	Science 3.00	Earth Systems 1.00	Biological Science 1.00	Chemistry 1.00		
Utah Studies .50	U.S. History I 1.00	1.50	Social Studies 3.00	Geography for Life .50	World Civilizations .50	U.S. History II 1.00	U.S. Government and Citizenship .50	
P.E. 1.00	Health .50	1.50	P.E./Health 2.00	Participation Skills and Techniques .50	Fitness for Life .50 / Health Education .50 Lifetime Activities or Sport .50			
The Arts .50	The Arts .50	1.00	Fine Arts 1.50	Fine Arts Courses 1.50				
Keyboarding .50			Computer Tech. .50	Computer Technology .50				
CTE Intro 1.00		1.00	CTE 1.00	Refer to Career and Technical Education box above.				

* Talk to your school counselor about math requirements in the new common core curriculum. Core curriculum and elective requirements may vary district to district.

Concurrent enrollment course offerings vary by school and district. Many Utah postsecondary programs accept high school courses toward a two- or four-year degree through concurrent enrollment. Check regional postsecondary Pathways for details.